



## **FIS RULES OF CONDUCT**

### **1. Respect for other skiers and snowboarders**

A skier or snowboarder must behave in such a way that he or she does not endanger or prejudice others.

### **2. Control of speed and manner of skiing or snowboarding**

Every skier or snowboarder must move in control. He or she must adapt the speed and manner of skiing or snowboarding to personal ability and to the prevailing conditions of terrain, snow and weather, as well as to the density of traffic.

### **3. Choice of route**

A skier or snowboarder coming from behind must choose his or her route in such a way not to endanger skiers or snowboarders ahead.

### **4. Overtaking**

A skier or snowboarder may overtake another skier or snowboarder above or below and to the right or to the left provided that enough space is left for the overtaken skier or snowboarder to make any voluntary or involuntary movement.

### **5. Entering, starting and moving upwards**

When entering a marked run: Skiers or snowboarders, starting again after stopping or moving upwards on the slopes, must look up and down the slopes before moving so as not to endanger themselves or others.

### **6. Stopping on the piste**

Unless absolutely necessary, a skier or snowboarder must avoid stopping on the piste in narrow places or where visibility is restricted. After a fall in such a place, a skier or snowboarder must move clear of the piste as soon as possible.

### **7. Climbing and descending on foot**

A skier or snowboarder either climbing or descending on foot must keep to the side of the piste.

### **8. Respect for signs and markings**

A skier or snowboarder must respect all signs and markings.

### **9. Assistance**

At accidents, every skier or snowboarder is duty bound to assist.

### **10. Identification**

Every skier or snowboarder and witness, whether a responsible party or not, must exchange names and addresses following an accident.